



## A Sunday walk around Tower Hamlets

### Map 2

2.5km, from Bethnal Green underground station to Cambridge Heath station

*Recommended by Garden Co-Ordinator Yvonne Fenwick*

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Start your walk at Bethnal Green Tube Station, and take the west exit onto Bethnal Green Road. Turn left and then right onto Roman Road. After a 10-minute walk, you will see the modernist Cranbrook Estate across the road. Take the footpath through the estate to the **Cranbrook Community Food Garden (Saturday and Sunday 10am-3pm)** on your right.

Leaving the Estate, turn right back towards Bethnal Green station until you come to the London Buddhist Centre, then turn right on Globe Road. Continue to Old Ford Road, then take the crossing on the right and head up Approach Road. Take the first left onto Robinson Road, which takes you to Russia Lane. Turn left and you will see the **Approach Garden (Sunday 11am-4pm)** on your right. The entrance is down the footpath on the far side of the allotments. You could also head straight to the Approach Gardens by taking the train to Cambridge Heath DLR station.

Return to Russia Lane and head north to Parmiter Street. Turn left, and at the end of the street you will see Cambridge Heath DLR station.